

**Volunteers needed to support the over 50's living in
Sparkhill, Balsall Heath & Sparkbrook**

RECRUITING VOLUNTEERS WHO CAN...

**Deliver shopping,
essential provisions,
hot meals &
prescriptions**



**Befriend vulnerable
people over 50 by
phone**



**Help us promote The
Muath Trust
Community Hub**



**Speak Arabic, Urdu, Punjabi, Bengali,
Somali or other**



**TO REGISTER AS A VOLUNTEER PLEASE
CALL: 07547249659 OR EMAIL: SUPPORT@MUATHTRUST.ORG**

You will be given the latest advice to ensure your safety